

3/1/Wed.

I made miso-soup and yakisoba for my host family. I was going to make normal soba, but my host dad bought yakisoba noodles by accident. The cooking went well thankfully, and I am so glad they liked the food.

3/3/Fri.

I did long jump practice today, and the quality of my practice was so bad. As for long jump, I think my condition is pretty bad and that frustrated me a lot. I am so disappointed how poorly I lost all my techniques and muscle since I quit two years ago. I might concentrate on the triple jump and 100m this year.

3/4/Sat.

It was such a busy day. I volunteered for a youth track meeting from morning to noon in the cold, windy, and rainy weather, which made me feel like I wanna leave this town right now. I love Benicia, but it is too windy.

After that, I went to Emily's birthday party until 11:30 pm. It was fun, and I am so glad she was so happy with my present. I might have given too much, but that's ok. One thing I felt a little bit uncomfortable with was that Sara said she could drive me to my home, but she changed her mind to take me to her house. If I knew it, I would ride some other friends' car. She did it because in the car, she wanted to ask me to go to prom together. I actually feel it is weird, and I am not sure what I am going to do.

3/5/Sun

I have been doing my homework since this morning, and I did track practice by myself in the evening. It was fine today.

3/6/Mon

At lunch, Hien started talking about how bad Sara was in front of everyone. What she said was Sara is too selfish and also has said bad things about Feith. I was so shocked by the sudden thing. I can't believe Sara did that. But I basically agree with Sara having too much selfish behavior, and so do my other friends.

After Hien complained and left the table, Sara asked me if I could leave the table with her. Right after I said "ok" to her, I really regretted that.

I talked with Gabby after school, and we agree with the idea that Sara has to be changed by herself.

3/7/Tue.

I did a long jump for the next track meeting, and it went really well. I feel like I can do fine in the first meeting, although it is supposed to be cold and rainy according to the weather forecast.

3/8/Wed

I talked with Zoe about Sara during the access class, and she advised me that I should not be involved in the fighting. And also we talked about prom, and she told me that she is going to get a limousine for all of us.

3/13/Mon.

My host parents went to a party, so my host sister and I stayed at home and had uber. It was the first time ordering Panda Express on Uber, which was actually so good.

3/14/Tue.

I had my hair cut, and it was ok. I don't like this hair style, but I am not sure what kind of hair style I am going to do next.

3/15/Wed.

I was supposed to participate in the track meeting today, but I couldn't since one sports director didn't do what he had been supposed to do. I am a little upset, because it was a home meeting with nice weather conditions. My coach told me that I could run in the next meeting.

3/24/Fri.

Emily went to Chicago, Zoe skipped school, Paige went somewhere else, and Sara didn't show up, so there are only four people at our lunch table today. We were just chilling, and it wasn't that bad actually. Only on Friday, there is a hotdog on the lunch menu at the cafeteria, and I love it.

After school, I had a track practice, which didn't go well because I was still exhausted from the last practice. I wasn't feeling sick but good either.

3/25/Sat.

I made cheesy risotto for my lunch and it was so good. After lunch, I tried to make caramel pudding, which I failed sadly. So I went to the Boba shop where Hien is working, and she got me a free mango boba tea. It was great.

3/26/Sun.

My host dad took me to a tuxedo shop for prom. I got a rental black tuxedo, white shirt and gray tie. It looks so good, but it costs 250 dollars. I was surprised and shocked, but I had only that option. Hopefully prom should be super fun.

3/29/Tur.

Since my host family went on a trip to Arizona, I am supposed to stay at AC's house for five days. I can't relax as much as at my host family's house, but there is Giorgio, so staying there isn't that bad.

3/30/Fri.

I hung out with Giorgio tonight. We knew there was Lamigra in Benicia, so we just walked down the street a little bit. When we were on J street, a speeding car suddenly put a brake in front of us, and they yelled at us "We will get you guys!". We were like "Oh sh\*t, run!", and I start sprinting. Giorgio was yelling like "We are not participating!!!!", and then one guy in the car asked "Oh Giorgio?". Giorgio asked back "Andrew?". I was like "WTF is going on?". Then Andrew said "Oh I am sorry guys, we are just messing with people.", and they left the street. It

finally turned out they were just joking, and not actual participants either thankfully. After we got home, my friend Dushant texted me “were u running tonight?”, so I just replied “Heck no, I was sprinting”. I am so embarrassed honestly, but at least they aren’t people who I don’t know. It was dumb night.